IN THE CLAIMS:

Cancel claims 1-4.

Add the following new claims:

- 5. (new) A sealing and guiding arrangement for passage of a piston rod in a two-cylinder dashpot or a two-cylinder spring-leg and for sealing and guiding said piston rod when traveling into and out of the dashpot, comprising: at least one seal for sealing the interior of the dashpot from the outside; at least one radial guide for the piston rod; said two-cylinder dashpot having an inner cylinder and an outer cylinder; a gas chamber between said outer cylinder and said inner cylinder; a gas channel extending between said radial guide and said gas chamber; a check valve in said gas channel in upstream of said gas chamber and formed as a lipped seal comprising a flow-through diaphragm, said lipped seal having a sealing lip on an elastically-tensioned circular ring with substantially circular-shaped cross-section, said diaphragm being formed of at least one recess in a sealing seat under said circular ring.
- 6. (new) The arrangement as defined in claim 5, wherein said sealing lip rests against a conical surface of a groove holding said seal.
- 7. (new) The arrangement as defined in claim 5, including a bushing mounted on an inner surface of said ring for radially securing said piston rod.
- 8. (new) The arrangement as defined in claim 7, wherein said lip rests against a conical surface and forms a valve with said conical surface for preventing gas in said gas chamber from penetrating between said bushing and the seal.

- 9. (new) The arrangement as defined in claim 5, including an auxiliary seal for sealing said sealing and guiding arrangement from said outer cylinder.
- 10. (new) The arrangement as defined in claim 5, wherein said gas chamber is located at top of a gap between said outer cylinder and said inner cylinder.
- (new) A sealing and guiding arrangement for passage of a piston rod in a two-cylinder dashpot or a two-cylinder spring-leg and for sealing and guiding said piston rod when traveling into and out of the dashpot, comprising: at least one seal for sealing the interior of the dashpot from the outside; at least one radial guide for the piston rod; said two-cylinder dashpot having an inner cylinder and an outer cylinder; a gas chamber between said outer cylinder and said inner cylinder; a gas channel extending between said radial guide and said gas chamber; a check valve in said gas channel in upstream of said gas chamber and formed as a lipped seal comprising a flowthrough diaphragm, said lipped seal having a sealing lip on an elastically-tensioned circular ring with substantially circularshaped cross-section, said diaphragm being formed of at least one recess in a sealing seat under said circular ring; said sealing lip resting against a conical surface of a groove holding said seal; at bushing mounted on an inner surface of said ring for radially securing said piston rod; said lip forming a valve with said conical surface for preventing gas in said gas chamber from penetrating between said bushing and the seal; an auxiliary seal for sealing said sealing and guiding arrangement from said outer cylinder; said gas chamber being located atop of a gap between said outer cylinder and said inner cylinder.